

## Health Monitoring System for Diabetic Patients

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**Abstract:** Diabetes is one of the main universal health problems. consistent with the World health organization report, around 346 million people worldwide are affected by DM. DM may be a metabolic disease where the inappropriate controlling of blood sugar levels causes the danger of many diseases like attack, renal disorder, and kidney failure. In DM, the body doesn't properly use the insulin hormone secreted by the pancreas gland. There are numerous computerized methods for the diagnosis of DM but the most drawback of those methods is that the patient has got to undergo several medical tests to give the input values to the computerized recognizing system which proves to be high cost and time taking process. With the rapid advancement within the field of AI, there are numerous techniques and algorithms during AI mostly used for the prediction and identification of various diseases. These algorithms in AI convince to be cost-effective and time saving for diabetic patients and doctors. In the proposed model we are recognizing diabetes using K Nearest neighbor algorithm which is most dominant model of Artificial Intelligence.

**Keywords:** Artificial Intelligence, K-Nearest Neighbor, Diabetes mellitus.

### 1. Introduction

Now, days DM ought to become a typical international pathological state which can result in many health complications like vas diseases, kidney failure, disability, etc. hypoglycemic agent could be a natural endocrine that's secreted by the duct gland within the figure. Hypoglycemic agent turns the sugar in easier molecules that square measure used by the body cells to get energy. This conversion is affected because of the necessity for hypoglycemic agent and also the sugar starts obtaining accumulated within the blood. As a result, the blood glucose level starts increasing and so the person develops DM. It is divided into two types first type is polygenic disorder is often diagnosed in youngsters and here the body does not turn out hypoglycemic agent. Second is mostly diagnosed in adults. Here, either the body doesn't turn out enough hypoglycemic agent or cells ignore the hypoglycemic agent. Uncontrolled polygenic disorder could cause hyperglycemia or Raised blood sugar. It's going to result in serious harm to the nerves and blood vessels. these days DM has become a typical international pathological state which can result in many health complications like vas diseases, kidney failure, disability, etc. consistent with the W.H.O report, a complete of three hundred million of the planet population are going to be laid low with polygenic disorder by 2025. Hypoglycemic agent could be a natural endocrine that's secreted by the duct gland within the figure. Hypoglycemic agent converts sugar into easier molecules that square measure used by the body cells to get energy. This conversion is affected because of the dearth of hypoglycemic agent and also the sugar starts obtaining accumulated within the blood.

### 2. Related Works

This chapter gives the overview of literature survey. This chapter represents some of the relevant work done by the researchers. Many existing techniques have been studied by the researchers on search system for proper diabetic prediction by using python and spider we review some of them below.

The author in [1] presents the application of AI in auxiliary identification diseases has become current research hotspot. the conventional technique of diagnosis polygenic disease circulatory complication, diabetic peripheral neuropathy lipidemia, DM peripheral pathology, and thus the excellent diseases is to distinguish Associate in Nursing review report by a knowledgeable doctor. Its implementation of the clinical call support algorithm for medical text knowledge faces a challenge with the vanity level and accuracy. we tend to planned Associate in Nursing expanding learning system to sight diseases on top of in our medical text knowledge, that cowl several types of physiological parameters of humans, like hematological parameters, weewee parameters, and organic chemistry detection. First, the information were swollen and corrected. Second, the processed knowledge were fed into a 1D-convolution neural network with dropout and pooling. The planned auxiliary diagnostic systems that have a highly correct and sturdy performance square measure typically used for preliminary identification

and referral; so, it is not solely saving several human resources however conjointly resulting in improved clinical diagnostic potency.

The author in paper[2] says to enhance the performance and sensitivity of continuous observation systems for the detection of chronic diseases, selection of optimum machine learning algorithms is crucial. Presently, the normally used algorithms face constraints, such as high machine value and lack of optimum feature choice on application to time period signals thereby reducing the potency of such analysis. Deep learning approaches, just like the convolution neural network, overcome these drawbacks by conniving automated options from a raw signal and classifying the derived features. This design shows smart deserves. However, the use of totally connected multilayer perception algorithms has shown low classification performance. This paper proposes to develop a changed deep learning convolution neural network formula integrated with support vector machines to deal with the drawbacks gift in multilayer perceptron and thereby rising the overall performance of time period detection applications. The system is valid on time period breath signals for non-invasive detection of polygenic disease. The performance of this projected formula is evaluated and compared with the prevailing technique.

The author in [3] presents the non-invasive polygenic disease prediction has been gaining prominence over the last decade. Among several human serums evaluated, human breath emerges as a promising choice with dimethyl ketone levels in breath exhibiting Associate in Nursing honest correlation to glucose levels. Such correlation establishes dimethyl ketone as a suitable biomarker for polygenic disease. the foremost common knowledge analysis ways to investigate the biomarkers in breath for unwellness detection mistreatment feature extraction and classification algorithms. However, snags like process value and lack of best feature choice on application to time period signals scale back the potency of such analysis.

The author in paper [4] presents the performance analysis of the competitive learning models on mathematician knowledge for automatic cluster choice and additionally studied and analysed the performance of these algorithms and randomised results have been analysed on 2-D mathematician knowledge with the training rate parameter unbroken easy for all algorithms. Algorithms utilized in their work embody bunch formula, competitive learning formula and frequency sensitive competitive learning formula. supervised learning machine algorithms square measure used for classification of the mathematician knowledge.

The author in paper [5] proposed individual disease risk prediction based on medical history. This system also predicts every risks based on their own medical history data. Dataset are used for medical coding and collaborative assessment and recommendation engine (CARE) information technique From this literature, it is observed that the machine learning algorithms place a significant role in knowledge discovery form the databases especially in medical identification with the medical data.

The author in paper [6] presents diabetes a non transmissible disease is leading to everlasting problem and important health problems. World Health Organization announces diabetes and its problem that impact on individual physically, financially, economically over the families. The reports says moe than aone million deaths caused due to the unmanageable stage of health lead to death. More than two million deaths caused due to the risk factors of diabetes like a heart and other diseases.

The author in paper [7] presents the diabetes is an ailment caused due to the extended level of sugar obsession in the blood. In this proposed model, they discussed various classifiers, decision support system is proposed which utilizes the AdaBoost model with Decision Stump as a base classifier for classification. The precision acquire for AdaBoost computation with choices stump as a classifier is 80.72, which is more note worthy contrasted with that of Support Vector Machine.

### 3. Proposed Work

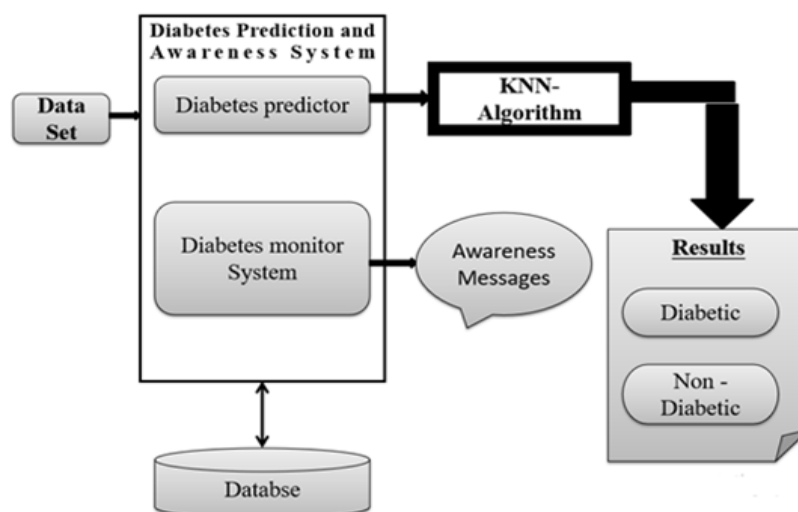


Fig. 1.1 Proposed Framework for Health Monitoring System

Fig. 1.1 represents the Proposed Framework for Health Monitoring System. Which deals with clinical presentation of polygenic disease in a very patient is that the symptomatic options bestowed by the patients. This feature is an indication of the malady cause and has direct impact in guiding clinicians concerning the choice to require. In case of classifying positive and negative polygenic disease, the subsequent parameters we have taken are age, weight, insulin, smoke, age first smoked and wherever the survey was taking.

### 3.1 Data Preprocessing

Data pre-processing has a significant impact on the performance of supervised learning models because unreliable samples probably lead to wrong outputs. In this study it also used to observe the change trend of fashion sales. Data preprocessing is an important step to prepare the data to form a QSPR model. There are many powerful steps in data preprocessing, such as data scrubbing, data extraction and attribute selection.

### 3.2 Data Splitting

The fundamental goal of machine learning is to generalize on the so much aspect the information instances used to train models. we might prefer to gauge the model to estimate the quality of its pattern generalization for info the model has not been trained on. However, as a results of future instances have unknown target values which we have a tendency to cannot check the accuracy of our predictions for future instances presently, we would like to use variety of the info that we have a tendency to tend to already perceive the answer for as a proxy for future knowledge. Evaluating the model with constant info that was used for work is not useful, as a results of it rewards models which will “remember” the work info, as hostile A common strategy is to want all offered labeled info, and split it into work and analysis subset.

### 3.3 Training Data

Training data is labeled information wont to train your machine learning algorithms and increase accuracy. Machine learning models don't seem to be too totally different from a person's kid. once a toddler observes a brand new object, say for instance a dog and receives constant feedback from its atmosphere, the kid is ready to find out this new Machines can also learn once they see enough relevant information. victimization this you'll be able to model algorithms to search out relationships, sight patterns, perceive advanced issues and create choices. Eventually, the standard, variety, and amount of your coaching information verify the success of your machine learning models.

### 3.4 Test Data

The test set may be a set of observations utilized to valuate the performance of the model using some performance metric. it's mandatory that no observations from the training set square measure enclosed within the test set. If the test set will contain examples from the training set, it'll be troublesome to assess whether or not the algorithmic rule has learned to generalize from the training set or has merely memorized it.

```
1.59008473]
[-0.22446668 -1.32874488 -1.06099801 ... -0.65073254 -0.60203068
 0.74654563]
[-0.22446668 -0.45661411 0.13570575 ... -0.77166568 -0.51505559
 -1.32985833]]
{'n_neighbors': 19}
0.8053819444444444
Accuracy of K-NN classifier on training set: 0.79
Accuracy of K-NN classifier on test set: 0.72
TP - True Positive 109
FP - False Positive 14
FN - False Negative 39
TN - True Negative 30
Accuracy Rate: 0.7239583333333334
In [14]:
```

Fig.2. Classification result of Diabetic Disease Prediction

## 4. Conclusion

Diabetes mellitus is a disease, which give rise to many problems. The prediction and determining this disease by using machine learning algorithm which predicts the output in less time. There are many existing systems we found the accuracy of is not good, and the results of using the KNN algorithm have better results. The result, which only used the KNN algorithm, has a better performance in given patient dataset. Here we have used K-nearest neighbor methodology for the identification of diabetes mellitus. In this we calculated accuracy, error rates and misclassification rate. The accuracy rate is showing that numerous outputs of the data of the test dataset are equal as the output of the data of different characteristic of the training dataset. The error rate is displaying that numerous outputs of the data of the test dataset are not same as the output of the data of different characteristics of the training dataset. The output is displaying that as the value of k increases, accuracy rate and error rate also increases. KNN is one of the most efficient Artificial intelligence algorithms that is mostly used

for healthcare or identification purposes. Accurate and well organized results can be acquired through this algorithm.

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